

Pearl Robinson, LCSW-S, DSW Candidate
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(832) 228-4641

EDUCATION

Doctor of Social Work January 2024- December 2026
Stephen F. Austin State University

Master of Social Work August 2007-May 2009
The University of Houston Graduate College of Social Work

Bachelor of Arts in Social Work August 2004-May 2007
Texas Southern University

RESEARCH INTEREST

Culturally responsive measurement tools and interventions, scale development, burnout, occupational well-being, internalized oppression, Black women's mental health, women of color mental health, health equity, and anti-oppressive clinical practice.

RESEARCH EXPERIENCE

Scale Developer, the Anti-Oppressive Burnout Scale

Robinson, P. (2026). Anti-Oppressive Burnout Scale (AOBS). Original culturally responsive measurement instrument developed to assess multidimensional burnout among women of the African diaspora, with attention to internalized oppression, sociocultural context, systemic and environmental conditions, and protective factors. Initial psychometric evaluation included exploratory factor analysis, item reduction, reliability analysis, and development of a preliminary scoring structure.

TEACHING INTEREST

Human Behavior and Social Environment | Generalist Social Work Practice |
Culture and Diversity | Ethics | Micro Social Work Practice | Counseling Services |
Child Abuse and Trauma | Social Work in Healthcare | Social Welfare and Policy

EDUCATIONAL EXPERIENCE

Field Instructor August 2011- Present

Our Lady of the Lake University (MSW students)

University of Texas at Austin (MSW students)

The University of Houston Graduate College of Social Work (MSW students)

Grand Canyon University (BSW and MSW students)

Chamberlin University (MSW students)

Texas State University (BSW student)

Lecturer August 2021- Present

Field Practicum (Traditional Track), BSW Program

Field Practicum (Block), BSW Program

Urban Practices, BSW Program

Social Welfare and Policy, BSW and MSW Program

Social Work Assessment, BSW and MSW Program

Professional Ethics and Social Justice, BSW and MSW Program

Social Justice and Diversity in Social Work, MSW students

- Monitor students' communication (verbal and non-verbal) processes with agency consumers, agency staff, community collateral, and assigned Field Instructors.
- Monitor students' professional development, including accountability, reliability, timeliness, writing skills, etc.
- Develop course curriculum in Canvas and Blackboard for synchronous and asynchronous courses.
- Expect that students adhere to the NASW Code of Ethics and values and provide timely and constructive feedback to them. Assist students in understanding how ethics and values guide agency policy and practice.
- Monitor student's self-awareness and their capacity to develop professional relationships with agency consumers.
- Sensitize students to the impact that ethnicity, age, gender, religion or spiritual orientation, sexual orientation, socio-economic status, and relationship to the dominant culture have on professional relationships and their own feelings or emotions about the issues, and ensure that they can deal with these differences in an open, constructive manner.
- Provide the knowledge base necessary for students to objectively and scientifically assess a client system's functioning and capacity to be involved in the helping process.
- Ensure that students comply with confidentiality requirements and other organizational policies and procedures.
- Provide the student with exposure to program outcome goals and program evaluation.
- Provide a minimum of one hour of face-to-face structured supervision weekly.

Council Approved Clinical Supervisor

October 2017- Present

- Promote the development of supervisees' professional identity and competence.
- Promote the supervisees' knowledge acquisition, conceptualization, and skills within the defined scope of practice.
- Ensure understanding of ethics, codes, rules, regulations, standards, guidelines (including consent, confidentiality/privacy), and all relevant legislation.
- Ensure that supervisees obtain advanced knowledge so that their skills can be applied to client populations ethically and competently.

WORK EXPERIENCE

Care Connect Program Manager, Nacogdoches, Texas

Texas Higher Education Coordinating Board

DeWitt School of Nursing, Stephen F. Austin State University September 2024- May 2026

- Mentored nursing students through one-on-one and small group support, promoting academic success, retention, and well-being
- Conducted outreach, scheduled meetings, and maintained consistent monthly check-ins with assigned students
- Tracked student progress using assessments (pre/post surveys) and developed detailed weekly reports
- Coordinated student intake and matched participants to mentorship formats• Collaborated in biweekly mentor meetings to address challenges, improve engagement, and plan programming
- Developed program materials, including manuals, intake forms, and mentor guidelines
- Assisted with workshop facilitation on topics such as mental health, academic skills, and professional development
- Supported diverse student population
- Managed student tracking systems, including data collection, reporting, and progress monitoring
- Helped design and refine program infrastructure
- Collaborated with interdisciplinary teams to deliver workshops on mental health and student success

Pinnacle of Purpose Counseling, PLLC Pearland, Texas

Psychotherapist, Owner

April 2018- Present

Group Practice Owner

- Evaluate patients using standardized diagnostic tools and conduct individual therapy sessions.
- Design and author medical documentation and records fully complying with internal standards and external regulations.
- Work with other mental health care providers, Physicians, and referral sources to improve understanding of client problems and update progress.
- Develop treatments to resolve symptoms, helping clients plan and prepare for crisis events.
- Design treatment plans utilizing analysis, reviews, data, and patient input to determine the type and frequency of treatment. Implement therapies that will bring about positive outcomes, continuously reviewing progress.
- Perform family and group counseling to teach supportive techniques and help motivate clients throughout treatment.
- Develop marketing strategies and networking opportunities for the organization.

Memorial Hermann Hospital – Texas Medical Center Houston, Texas
Weekend Social Worker III February 2010- November 2022

Conduct psychosocial assessments in a hospital setting. Participate in multidisciplinary rounds. and assess eligibility determination for community resources and funding sources. Facilitate complex discharge plans for high-risk patient populations. Provide crisis intervention, grief/bereavement counseling, drug counseling, brief service intervention, psychoeducation, motivational interviewing, and a task-oriented approach with patients and their family members.

- Serve as a spokesperson for the social work team on several committees throughout the hospital, including the Schwartz Center Rounds planning committee, CPS/APS Standardization Committee, Code Lilac Peer Support(Critical Incident Stress Management), and the Child Abuse Prevention Planning Committee
- Streamline social work documentation throughout Memorial Hermann-TMC through a peer review committee and offer evidence-based methods to social workers in the case management department.
- Collaborate with community partners to provide continuing education to the case management department, including social workers.
- Work directly with the operations administrator on complex emergency room cases to discuss areas for improvement.
- Manage appropriate use of hospital resources and resource sharing.
- Created and maintained best practices for social work in an emergency room setting.
- Discharge planning including medication assistance, complex discharges, homelessness, home health, psychiatric transfers, and identifying unidentified patients and their legal guardians, including law enforcement, guardianship, etc.

A Child Is Born Residential Treatment Facility Alvin, Texas

Clinical Director

April 2010-December 2012

Supervised a staff of 20 direct care staff and therapists, including LMFTs, LMSWs, and LPCs.

- Designed and implemented business strategies to assist the residential treatment facility.
- Organized and managed all patient care, administrative operations, and programming.
- Ensured all treatment plans were current and within state and federal laws.
- Performed quarterly and annual employee reviews and provided feedback on their performance to help motivate dedication to professional goals.
- Managed the facility budget.
- Served as a liaison between residents, their families, additional care staff, and the Texas Department of Family and Protective Services.

Clear Lake Regional Hospital Clear Lake, Texas

Adult Medicine Social Worker

January 2013- December 2015

Conducted psychosocial assessments in a hospital setting. Participated in multidisciplinary rounds. Assessed eligibility determination for community resources and funding sources.

Facilitated complex discharge plans for high-risk patient population

- Assisted in identifying medical necessity
- Discharge planning to include medication assistance, complex discharges, homelessness, home health, psychiatric patients, SNF and LTAC transfers, transition to hospice care

Memorial Hermann Hospital- Texas Medical Center Houston, Texas

Adult Trauma Social Worker I

May 2008 – February 2010

Conducted psychosocial assessments in a hospital setting. Participated in multidisciplinary rounds. Assessed eligibility for community resources and funding sources. Initiated and facilitated complex discharge plans for high-risk patient populations. Provided the following services to patients and family members:

- Crisis Intervention
- Grief Counseling
- Substance Abuse Counseling
- Adult Protective Services
- Skilled Nursing/Rehabilitation/Personal Care Home/Psychiatric Transfers
- Other discharge planning to include medication assistance, homelessness, dialysis, home health, hospice care, psychiatric transfers, and complex living arrangements
- Advanced Directives

PROFESSIONAL COMMITTEES

Disproportionality Committee (Children's Protective Services)	2006-2007
Child Abuse Prevention Committee	2014-2016
Social Work Team- Peer Review Coordinator	2014-2018
Children's Memorial Hermann Hospital-Code Lilac	2014-2020
Women Leaders of Memorial Hermann	2015-2018
• <i>Mentoring Circle-Matt Ferry, CEO of Memorial Hermann</i>	2015-2016
Schwartz Center Rounds Planning Committee	2017-2019

SERVICE

Texas Evaluation Network	2026-Present
National Association of Social Workers	2026-Present
Sisters in Social Work, Inc., <i>Co-Founder</i>	2024- Present
Clinical Social Work Association	2021-Present
Interfaith Ministries, Meals on Wheels	2018
Girl Scouts of America	2012-2014

The Welcome Center, Inc. Board of Directors, *President*
Missionary Society of the AME Church
Delta Sigma Theta Sorority, Inc.

2012-2016 Women's
2010-2021
2001-Present

SCHOLARSHIP

Robinson, P. (2026, November). *Transformative Stewardship: Reimagining the Supervision Role to Promote Supervisees Success*. NASW- Texas Chapter 50th Annual Conference. **Self-referred.**

Robinson, P. (2026, August). *Understanding Intergenerational Trauma: Where Healing Meets Restoration*. **Self-referred.**

Robinson, P. (2026, July). *The Burnout We Don't Name: How Internalized Oppression Shapes Exhaustion in Black Women*. The Black Maternal Mental Health Conference. **Self-referred.**

Robinson, P. (2026, June). *The Resilient Graduate Student*. The Lifelong Learning Conference. **Self-referred.**

Robinson, P. (2026, April). *The Hidden Weight of Strength: Exploring Burnout in Black Women's Lives*. The Nia Cultural Center. **Self-referred.**

Bryant, P. (2025, January) *The Importance of Social Work and Nurse Collaborations in the Hospital Setting*. Presented at iCare Pediatric Clinic. League City, Texas.

Invited.

Bryant, P. (2025, January) *Healthy Boundaries in Relationships*. Presented at Higher Up Texas. Dickinson, Texas. **Invited.**

Bryant, P. (2025, January) *Relationship Challenges and Communication Styles*. Presented at The G. Taylor Show. Virtual. **Self-referred.**

Bryant, P. (2024, October) *Reflective Journaling in the Classroom: Teaching self-care and cultural humility. Is self-care a "Western" idea?* Co-presented at Council on Social Work Education, APM Conference. **Invited.**

Bryant, P. (2024, March) *How to Live a Balanced Life*. Presented at Texas Retired Teachers Association, Texas City, Texas. **Invited.**

Bryant, P. (2024, April) *Faith and Mental Health*. Presented at Refreshed Conference. Galveston, Texas. **Invited. Invited.**

Bryant, P. (2024, April). *How Internalized Impression Impacts Self-care Practices for Therapists*. Presented at Therapist to Therapist (virtual) support group. **Self referred.**

Bryant, P. (2023, November). *How to Live a Balanced Life*. Presented at Buckner Family Services Center. Houston, Texas. **Invited.**

Bryant, P. (2023, March) *Discover the Power of your Pieces*. Panelist at Pinnacle of Purpose workshop, Houston, Texas. **Self-referred.**

Bryant, P. (2023, June). *Mental Health Awareness. Guest Panelist at Commissioner Keith Henry's Panel Discussion*. Galveston, Texas. **Referred.**

Bryant, P. (2020, March). *Your Sacred Yes*. Presented at The Women's Missionary Society 10th District Conference. Houston, Texas. **Referred.**

GRANTS

Bryant, P. (2008, June). Change Happens: Texas Department of Juvenile Justice \$61,000

(successfully funded)

Bryant, P. (2017, March). March of Dimes (Texas): Honey Child Program: \$3,000

(successfully funded)

Bryant, P. (2017, August). African Methodist Episcopal Church: \$5,000

(successfully funded)

Bryant, P. (2023, June). Black Churches Grant Application: National Trust Grants
\$75,000 *(unfunded)*

BOOK REVIEW/ PUBLICATIONS

Martin, A., Choe, K., Atkins, T., Battise, J., Collins, C., Gurley, D., Odoms, C., Robertson, C.,
Robinson, P., Scott, S., Thompson-Janis, J., Tonkin, C., & Carbajal, J. (2026). EMDR and
equine-assisted psychotherapy: A retrospective mixed-methods case series. Counselling and
Psychotherapy Research, Article e70225. <https://doi.org/10.1002/capr.70225>

Annotated Psychotherapy: A Session-by-Session Look at How a Therapist Thinks by Makover's
B., Richard. October 2025. NASW Journal for Social Work.

The Social Work Ethics Casebook: Cases and Commentary by Reamer, Frederic G.,
January 2025. NASW Journal for Social Work.

Teddy Bears Ride Along for Children by Ruiz, Ruth Ann. The Post Newspaper, March
2024.

TRAINING

Crisis Response Planning for Suicide Prevention 2024

IRB Biomedical and Social Behavioral Training 2024

PROFESSIONAL ACHIEVEMENT/RECOGNITION

Memorial Hermann Employee of the Year 2016

Nia Cultural Center Village Keeper of the Year 2017